

Stationary training equipment —

Part 1: General safety requirements and test methods

The European Standard EN 957-1:2005 has the status of a
British Standard

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National foreword

This British Standard is the official English language version of EN 957-1:2005. It supersedes BS EN 957-1:1997 which is withdrawn.

The UK participation in its preparation was entrusted by Technical Committee SW/136, Sports, playground and other recreational equipment, to Subcommittee SW/136/4, Stationary training equipment, which has the responsibility to:

- aid enquirers to understand the text;
- present to the responsible international/European committee any enquiries on the interpretation, or proposals for change, and keep UK interests informed;
- monitor related international and European developments and promulgate them in the UK.

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Summary of pages

This document comprises a front cover, an inside front cover, the EN title page, pages 2 to 17 and a back cover.

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Stationäre Trainingsgeräte - Teil 1: Allgemeine sicherheitstechnische Anforderungen und Prüfverfahren

This European Standard was approved by CEN on 27 June 2005.

CEN members are bound to comply with the CEN/CENELEC Internal Regulations which stipulate the conditions for giving this European Standard the status of a national standard without any alteration. Up-to-date lists and bibliographical references concerning such national standards may be obtained on application to the Central Secretariat or to any CEN member.

This European Standard exists in three official versions (English, French, German). A version in any other language made by translation under the responsibility of a CEN member into its own language and notified to the Central Secretariat has the same status as the official versions.

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EUROPEAN COMMITTEE FOR STANDARDIZATION
COMITÉ EUROPÉEN DE NORMALISATION
EUROPÄISCHES KOMITEE FÜR NORMUNG

Management Centre: rue de Stassart, 36 B-1050 Brussels

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Foreword

This European Standard (EN 957-1:2005) has been prepared by Technical Committee CEN/TC 136 "Sports, playground and other recreational equipment", the secretariat of which is held by DIN.

This European Standard shall be given the status of a national standard, either by publication of an identical text or by endorsement, at the latest by February 2006, and conflicting national standards shall be withdrawn at the latest by February 2006.

This European Standard supersedes EN 957-1:1996 + A1:1998.

This standard EN 957 "*Stationary training equipment*" consists of the following parts:

- *Part 1: General safety requirements and test methods*
- *Part 2: Strength training equipment, additional specific safety requirements and test methods*
- *Part 4: Strength training benches, additional specific safety requirements and test methods*
- *Part 5: Pedal crank training equipment, additional specific safety requirements and test methods*
- *Part 6: Treadmills, additional specific safety requirements and test methods*
- *Part 7: Rowing machines, additional specific safety requirements and test methods*
- *Part 8: Steppers, stairclimbers and climbers - Additional specific safety requirements and test methods*
- *Part 9: Elliptical trainers, additional specific safety requirements and test methods*
- *Part 10: Exercise bicycles with a fixed wheel or without freewheel, additional specific safety requirements and test methods*

Part 3 has been amalgamated with part 2 after CEN Enquiry.

According to the CEN/CENELEC Internal Regulations, the national standards organizations of the following countries are bound to implement this European Standard: Austria, Belgium, Cyprus, Czech Republic, Denmark, Estonia, Finland, France, Germany, Greece, Hungary, Iceland, Ireland, Italy, Latvia, Lithuania, Luxembourg, Malta, Netherlands, Norway, Poland, Portugal, Slovakia, Slovenia, Spain, Sweden, Switzerland and United Kingdom.

Introduction

This part of EN 957 (hereinafter called the General Standard) specifies safety requirements that are generally applicable to stationary training equipment. For specific types of equipment these requirements are supplemented or modified by the requirements of specific standards which have been issued as additional parts of this European Standard.

Where specific standards exist, this general standard should not be used alone. Special care is required in applying this general standard alone to equipment for which no specific standard has yet been published.