

Issue 9.3 Effective 18.12.10			Switching On/Off Times						Sub Station Control Room Desk: Central	
Traction Current Section			Monday to Friday		Saturday		Sunday		to be told section is clear for switching off current	
		Type	On	Off	On	Off	On	Off	by	when
Loughton to Epping <i>(includes feed for Debden No. 22 road, Epping East siding)</i>	EB	L/S	<u>04:45</u>	01:40	<u>04:45</u>	01:40	06:20	00:45	SIG Wood Lane	Last WB train has stabled in Loughton Sidings and all train movements between Buckhurst Hill and Epping have ceased.
Epping to Loughton <i>(includes feed for Loughton No. 23 road)</i>	WB		<u>04:45</u>	01:40	<u>04:45</u>	01:40	06:20	00:45		
Loughton to Roding Valley	WB		<u>05:10</u>	00:50	<u>05:10</u>	00:50	06:45	23:30		Last WB train from Loughton has cleared Woodford Junction.
Roding Valley to Loughton	EB		<u>05:15</u>	01:10	<u>05:15</u>	01:10	07:10	00:15		Last EB train has arrived at Loughton.
Roding Valley to South Woodford <i>(includes feed for Woodford No. 21 road)</i>	WB		<u>05:05</u>	01:05	<u>05:05</u>	01:05	06:45	00:10		Last WB train has arrived at Snaresbrook and when last train has stabled in Woodford sidings, and last OR train has cleared Woodford Junction and all movements on the WB line at Woodford have ceased.
South Woodford to Roding Valley	EB		<u>05:15</u>	01:05	<u>05:15</u>	01:05	07:05	00:15		Last OR train from Woodford has arrived at Roding Valley and last EB train has arrived at Buckhurst Hill and all movements on the EB line at Woodford have ceased, and last IR train has arrived at Wanstead.

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South Woodford to Leytonstone	WB	L/S	05:20	00:40	05:20	00:40	06:50	23:20	SIG Wood Lane	On arrival of last WB train from Woodford at Leytonstone.
Leytonstone to South Woodford	EB		05:30	01:00	05:30	01:00	07:10	00:10		On arrival of last EB train at South Woodford and last IR train has arrived at Wanstead and last train has shunted from the EB line at Leytonstone.
Leytonstone to Leyton (includes feed for Leytonstone platform 1 and WB loop)	WB		05:20	01:00	05:20	01:00	06:55	23:30		Last WB train has arrived at Stratford and last shunting movements at Leytonstone have ceased.
Leyton to Leytonstone	EB		05:30	01:00	05:30	01:00	07:10	00:10		On arrival of last EB train at Snaresbrook and when last IR train has arrived at Wanstead and when all train movements on the EB line at Leytonstone have ceased.
Leyton to Bow	WB (1)	L/C	05:25	00:20	05:25	00:20	07:00	23:35		On arrival of last WB train at Mile End.
Bow to Leyton	EB (1)		05:55	00:55	05:55	00:55	07:20	00:05		On arrival of last EB train at Leyton.

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Bow to Bethnal Green	WB (1)	L/C	05:30	00:25	05:30	00:25	07:05	23:40	SIG Wood Lane	On arrival of last WB train at Liverpool Street.
Bethnal Green to Bow	EB (1)		05:50	00:50	05:50	00:50	07:15	00:05		On arrival of last EB train at Stratford and all train movements on the EB line at Bethnal Green have ceased.
Roding Valley to Hainault	OR	L/S	<u>05:55</u>	01:00	<u>06:00</u>	01:00	07:30	00:10		Last OR train has shunted to Hainault depot at Grange Hill and last OR train has arrived at Hainault and when the last IR arrives at Wanstead.
Hainault to Roding Valley	IR		<u>05:55</u>	01:00	<u>06:00</u>	01:00	07:30	00:10		When last IR train has cleared Woodford Junction and all train movement at Grange Hill has ceased including movements from the OR to Hainault depot.
Hainault to Newbury Park <i>(includes feed for Newbury Park No. 31 road)</i>	OR (1)		05:00	01:20	05:00	01:20	06:35	00:30		The last OR train has arrived at Gants Hill, and all train movement on the OR at Hainault has ceased and all train movement from the OR platform at Newbury Park has ceased.
Newbury Park to Hainault <i>(includes feed for Hainault platform 3)</i>	IR (1)		05:00	01:20	05:00	01:20	06:35	00:30		Last IR train from Hainault has arrived at Grange Hill and all train movement via Newbury Park siding has ceased. All IR train movement at Hainault has ceased.