

Issue 9.2 Effective 12.12.10			Switching On/Off Times						The Substation Control Desk: Eastern	
Traction Current Section			Monday to Friday		Saturday		Sunday		to be told section is clear for switching off current	
		Type	On	Off	On	Off	On	Off	by	when
Upminster station to Upminster substation <i>(includes feed for Upminster platform 3)</i>	WB	L/S	04:45	01:45	04:45	01:45	05:25	01:10	SIG Upminster	Train movement at Upminster has ceased and last WB train has arrived at Upminster Bridge.
Upminster substation to Upminster station <i>(includes feed for Upminster platforms 4 and 5)</i>	EB		04:45	01:45	04:45	01:45	05:25	01:10		
Upminster substation to Hornchurch	WB		04:45	23:55	04:45	23:55	05:30	23:15	SIG Barking	Last WB train has arrived at Dagenham East.
Hornchurch to Upminster substation	EB		05:50	01:35	05:50	01:35	06:35	01:00	SIG Upminster	Last EB train has arrived at Upminster.
Hornchurch to Heathway	WB		04:50	24:00	04:50	24:00	05:35	23:25	SIG Barking	Last WB train has arrived at Upney.
Heathway to Hornchurch <i>(includes feed for Dagenham East bay road)</i>	EB		05:45	01:35	05:45	01:35	06:30	01:00	SIG Upminster	Last Upminster EB train has arrived at Hornchurch.

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Heathway to Upney	WB	L/S	05:00	24:00	05:00	24:00	05:40	23:25	SIG Barking	Last WB train has arrived at Barking or when last train from WB line has shunted to Barking sidings.
Upney to Heathway	EB		05:35	01:25	05:35	01:25	06:20	00:50		Last EB train has arrived at Dagenham East or when last train from EB line has shunted to Barking sidings.
Upney to East Ham (includes feed for Barking bay road)	WB		05:00	00:05	05:00	00:05	05:40	23:30		Last WB train has arrived at East Ham or when last train from WB line has shunted to Barking sidings.
East Ham to Upney	EB		05:30	01:20	05:30	01:20	06:15	00:45		Last EB train has arrived at Upney or when last train from EB line has shunted to Barking sidings.
East Ham to Plaistow	WB		05:05	00:15	05:05	00:15	05:40	23:35		Last WB train has arrived at Bromley-By-Bow.
Plaistow to East Ham	EB		05:40	01:15	05:40	01:15	06:15	00:40		Last EB train has arrived at Barking.

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Plaistow to Campbell Road	WB	L/S	05:10	00:30	05:10	00:30	05:50	00:05	SIG Whitechapel	Last WB train has arrived at Whitechapel.
Campbell Road to Plaistow (includes feed for Plaistow bay road and West Ham centre siding)	EB		<u>05:20</u>	01:10	<u>05:20</u>	01:10	06:00	00:35	SIG Barking	Last EB train has arrived at East Ham <u>and all train movements to, from or through West Ham centre siding have ceased.</u>
Campbell Road to Whitechapel (includes feed for Whitechapel Nos. 23 and 24 roads)	WB (1)	L/C	05:15	01:05	05:15	01:05	06:00	00:30	SIG Whitechapel	Last WB train has departed from Whitechapel, and when told by Signaller Barking that last EB train has arrived at Bromley-by-Bow
Whitechapel to Campbell Road (includes feed for Whitechapel No. 22 road)	EB (1)		05:15	01:05	05:15	01:05	06:00	00:30		
Whitechapel to Tower Hill (includes feed for St. Mary's Curve (WB))	WB		05:15	01:05	05:15	01:05	06:00	00:30	SIG Earl's Court	Last WB train has departed from Mansion House, when told by Signaller at Baker Street that train movement at Aldgate East has ceased and when told by Signaller Whitechapel that the last EB train has departed from Whitechapel.
Tower Hill to Whitechapel (includes feed for Whitechapel No. 21 road and St. Mary's Curve (EB))	EB (7)		05:15	01:05	05:15	01:05	06:00	00:30		