

Guidance

G3229 A1

What good looks like – Working at height

Purpose:

The purpose of this guidance document is to provide examples of good practice when working at height.

Scope:

This document is for anyone who manages or supervises work at height (WAH).

What good looks like: Transport – edge protection



Key points

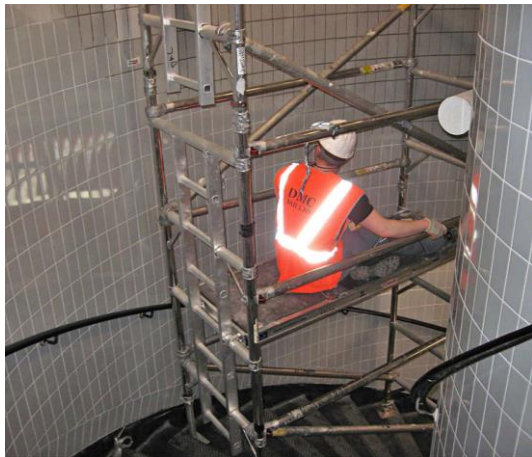
- Plan deliveries
- Reduce manual lifting while WAH, where practicable use materials handlers, Tail Lifts, Hiab's etc
- Ensure appropriate WAH training for the task is in place
- Ensure edge protection is adequate
- Segregate pedestrian access from vehicle access.
- Setup exclusion zone when offloading.

Links

- [Safe driving: loading & unloading](#)
- [Work at height procedure](#)

What good looks like: Access

Mobile Tower on emergency staircase



Tower Outriggers on track side



Portable platform to track equipment



Key points

- Select the correct WAH equipment for the task
- Do not overload working platforms
- Ensure that an approved safe system of work (SSoW) is in place prior to the start of works
- Assess the work environment
- Arrange additional emergency access if routes are blocked.

Links

- [Working at height \(LU only\)](#)
- [Work at height procedure](#)
- [Work at height](#)
- [Types of WAH equipment](#)

What good looks like: Safe working platforms

Mobile platform



Rail Master



Fixed scaffold



Polystyrene blocks with ply for deep pits



Key points

- Select the correct WAH equipment for the task
- Do not overload working platforms
- Ensure that an approved safe system of work (SSoW) is in place prior to the start of works
- Arrange additional emergency access if routes are blocked
- Prevent falling into suicide pits. Polystyrene blocks used in deep suicide pits to create work surface and prevent injury from falling into the pit.

Links

- [Working at height \(LU only\)](#)
- [Work at height procedure](#)
- [Work at height](#)
- [Types of WAH equipment](#)