

Reference document

R0280 Confined space rescue plan for the train wash sump

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Contents

1	Purpose	3
2	Scope	3
3	Description of activities	3
3.1	Minimum number of staff	3
3.2	Training	3
3.3	Permits to work	4
3.4	Equipment required	4
3.5	Briefings	4
4	Emergency procedures	5
4.1	Signals used in the event of an emergency	6
4.2	Methods of raising the alarm	7
4.3	Actions required when a man it is not possible to evacuate a person	7
5	Process for using the wash plant sump area	8
5.1	Steps for entering and leaving the wash plant sump	8
6	References	11
6.1	Person accountable for the document	11
6.2	Document history	11

1 Purpose

The purpose of this reference document is to define the procedures which ensure safe systems of work for working in a confined space when accessing the area of the train wash sump.

2 Scope

This reference document applies to the work by London Underground employees in the train wash sump area at Upminster Depot when carrying out the cleaning.

📖 For operatives who are not London Underground employees (for example, contractors and Tubelines staff) checks must be made to ensure that they are working to all the regulations as described in this document.

📖 In order to make communication easier, the following roles have been given acronyms:

LFB	London Fire Brigade
MMO	Maintenance Manager Operations
SPC SOTT	Site person In Charge, safety on the track
SPC NTL	Site Person In Charge, non track location
TM	Top man
BM	Bottom man

3 Description of activities

3.1 Minimum number of staff

This is dependant upon the job in question, but is never less than three trained, competent personnel. The roles are Top Man (TM), Bottom Man (BM) and sufficient staff to undertake the task, (Man 1, Man 2 etc.)

3.2 Training

All persons working within the confined space must be fully trained to do so and must prove to the top man that they hold the suitable license to undertake the



work within the confined space. The MMO only requires confined space familiarisation training.

3.3 Permits to work

A standard and confined space permit to work is completed within the MMO's office prior to starting the work and will be given up when all works have been completed.

3.4 Equipment required

- Tripod
- Fall arrest block, with emergency personnel retrieval (minimum of 2)
- Harnesses (with rescue attachment) (minimum of 1 per person except for TM)
- Gas detectors. The number of gas detectors and the types of gas they are used to monitor will be determined as part of the job specific risk assessment and method statement.

3.5 Briefings

- 3.5.1 The initial briefing is given by the man appointed as Top Man to the MMO and contains information relating to the works and the responsibilities of the MMO during the duration of the work.
- 3.5.2 The second briefing is held at the point of access by the TM (SPC SOTT/NTL) which briefs all staff who will be in the area and descending into the area. The detail of the work is discussed, as well as the pre arranged warnings, frequency of worker status and gas monitor checks.
- 3.5.3 The third briefing is at the end of the shift once all personnel are clear of the confined space and once all the equipment has been dismantled and stored.