Task Risk Control Sheet

Lone Working

RCS No: NR/L3/MTC/RCS0216/GA05
Issue: 3

- **Trackside activities**
- **Areas of known violence**
- **Confined Spaces**

Personnel Involved		
	E&P	✓
	S&T	✓
	Track	✓
	Off Track	✓
	Property	✓

Tools / Equipment None

Plant None

Key Risks	Controls	Implemented By
Pre-Requisite for Lone Working	Prior to undertaking Lone Working the following shall be considered: • 'Lone working' is permitted where tasks can be carried out safely by one person, consistent with Rule Book and Network Rail standards requirements. Such tasks must be determined in line with the requirements below: a) nature, duration and complexity of work b) skills and competencies required to undertake task c) arrangements to protect employees from rail traffic d) method of working and associated risks e) environment in which task is to be undertaken and associated hazards • Where work is of an unplanned or reactive nature the team size for the task may need to be adjusted up to cater for factors that may not be apparent until a site specific risk assessment is made of the work to be undertaken. • For any task, planned, unplanned or reactive, where there is insufficient resource to carry out the task safely in accordance with established safe system of working and or the required technical standards, the work shall not be undertaken. • Only competent staff shall be permitted to undertake lone working For reactive work due cognisance needs to be given to the certainty or level of detail that can be ascertained for reactive work to be confident that the work could be undertaken safely and practicably by a lone worker.	Line Managers / All Staff
Adverse Weather	• Lone working shall not be undertaken when visibility is poor • See Risk Control sheet NR/L3/MTC/RCS0216/GA01 – Work on or Near the Line (Including Cab Riding) SECTION B	All Staff
Young Persons and Expectant Mothers	• Young persons and Expectant mothers shall not work alone • See Risk Control Sheet NR/L3/MTC/RCS0216/GA13 - Young Persons (aged 16-18), New Recruits & New & Expectant Mothers	All Staff
Slips, Trips Falls	• See Risk Control Sheet NR/L3/MTC/RCS0216/GH02 – Underfoot Conditions	All Staff
Plant and Equipment	• Specific reference shall be made to the relevant Risk Control Sheet for the use of plant and equipment.	All Staff

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Network Rail

Key Risks	Controls	Implemented By
Planning and Risk controls	Effective planning, risk assessment together with a safe system of work shall be established based on the type of work, plant to be used, the location and the environment of the work. (including risks associated with working at height see NR/L3/MTC/RCS0216 Working at Height) • Work shall be planned using Sectional Appendix and Hazard Directory • Lone working shall not be undertaken in "Red Zone Prohibited" areas • A place of safety shall be established prior to any work commencing • For work on or near the line a Safe System of Work shall be planned in accordance with the Competency and Training module for Individual Working Alone (IWA) See Risk Control sheet NR/L3/MTC/RCS0216/GA01 – Working on or Near the Line (Including Cab Riding) Example of risks to be considered include: • Is lone working the essential method of work delivery • Foreseeable failures such as equipment & employee illness • Requirements for lifting or moving of plant and materials • Site access • Plant and equipment • Use of chemicals, hazardous substances, risk of fire • Medical conditions of employees • Competence and experience of employee to effectively undertake lone working • Supervision/contact requirements • First Aid requirements	All Staff
Locations and work activities for all lone working activities (ie: Not confined to work On or Near the Line e.g., hill top radio sites)	• Means of communication shall be available at all times, including the ability to communicate with emergency services, to summon assistance • The means of communication shall have sufficient battery life to allow for its use at all times when at site • Before attempting to access site staff shall assess the local risks e.g. underfoot conditions, weather conditions to identify additional risks that may arise • The Line Managers/lone worker shall confirm with each other the arrangements for communication on a regular basis throughout the duration of the work activity including contact at the start and finish of work activities. • Lone working shall not be performed in areas of known violence • Lone working shall not be undertaken in confined spaces - for working in Confined Spaces see Task Risk Control Sheet NR/L3/MTC/RCS0216/GA09 – Entry into Confined Spaces	All Stafff

PPE Required by NR / Maintenance Policy

Wear Head Protection

Wear Foot Protection

Wear Hi Visibility Clothing

Wear Safety glasses to BS EN166.F

If safety glasses introduce a risk (ie weather conditions) then the Team Leader shall assess the risk. The outcome of the assessment shall be recorded on the SSOWPS pack and safety glasses may be removed.
This does not supersede the requirements for eye protection detailed on relevant Task Risk Control Sheets.

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