

Task Risk Control Sheet



Supporting of Balance Weights

RCS No:NR/L3/MTC/RCS0216/OCR03
Issue: 2

Key Risks!

- Fall from height
- Slips & trips
- Eye / face injuries
- Collision with other unit

Personnel Involved

E&P	✓
S&T	
P/Way	
Off Track	
Property	

Tools / Equipment

Dropper wire cutters
Ratchet's

Spanner and torque wrench
Cloth

Plant

Unit 2 of wiring train 6Y53

Key Risks	Controls	Implemented By
Electrocution	• Isolation shall be taken • Form C shall be received before starting work • SSOW shall be set up • Competent Staff shall be used	COSS Isolation engineers
Carrying Ladder	• 2 men shall carry the ladder • Staff shall be trained in Manual Handling	Machine operator and COSS
Ladder Slipping	• 2nd man shall foot ladder • Firm ground shall be selected for position of ladder • Top of ladder shall be located on level part of structure • Ladders shall be in the PPM system and date checked before use • Ladder shall be tied off to suitable structure • See Risk Control Sheet NR/L3/MTC/RCS0216/OLE06 – High Level OLE Work	Machine operator and COSS
Fall from ladder	• Competent Staff • Harness shall be worn and attached to secure point • No over reaching	Linemen
Climbing on structure	• Competent operator • Gloves shall be worn • Correct use of harness SSOW • Safety boots in good condition with good grip sole • Specific on site risk assessment shall be undertaken NOTE: This operation shall only be carried out ○ On instruction of the supervisor. ○ Overhead lines are isolated ○ Only if work platform is unavailable ○ Local conditions allow	Linemen
Dropping tools	• Staff shall not be in area underneath ladder • Staff shall wear safety helmets	Linemen
Ladder struck by plant	• Area around base of ladder shall be coned off • Lookout on vehicle • Competent driver	Linemen

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blocking clamp slipping	- Remove grease from slide with cloth - Tighten block with a torque wrench - Attach pullift and sling as secondary support - Fingers and hands shall be kept out of gaps - Clamp shall be inspected	Linemen
Increased risk exists if:-		
Icy conditions exist	The underfoot conditions shall be assessed and work postponed if ice is present	COSS
Extreme weather conditions	Specific risk assessment shall be made by COSS if high winds are present. Wind speeds in excess of 20 mph would be considered to give a higher risk when working off a ladder and work shall be postponed.	COSS
There are obstructions in the 4ft	If obstructions are present in the 4ft, it shall be reported / removed ASAP.	COSS
Night working	Adequate lighting shall be made available so any hazards are visible and avoidable.	COSS
NOTE; contaminated cloths or gloves etc shall be placed in black bags and disposed of as hazardous waste back at the OCR depot		

PPE Required by NR / Maintenance Policy				
 Wear Head Protection	 Wear Foot Protection	 Wear Hi Visibility Clothing	 Wear Safety glasses to BS EN166.F	If safety glasses introduce a risk (ie weather conditions) then the Team Leader shall assess the risk. The outcome of the assessment shall be recorded on the SSOWPS pack and safety glasses may be removed. This does not supersede the requirements for eye protection detailed on relevant Task Risk Control Sheets.
Additional PPE Required by Task Risk Control Sheet				
 Wear Hand Protection	 Wear Safety Harness			