

Task Risk Control Sheet

Use of Manual Trolleys / Rail Skate / Scooter

RCS No: NR/L3/MTC/RCS0216/SP08
Issue: 2

Key Risks !

- Runaway
- Derailment
- Manual Handling
- Damage to trolley frame

Personnel Involved

E&P	✓
S&T	✓
Track	✓
Off Track	✓
Property	✓

Tools / Equipment Manually Pushed Trolleys

Plant None

Key Risks	Controls	Implemented By
Pre Use Checks - Trolley	<ul style="list-style-type: none"> • Planned preventative maintenance regime shall be established • Check the equipment is in date and is fitted with a COP0018 brake test label • Check the brake cables underneath the trolley for damage • Check the link box housing for damage • Test the brakes • If linking trolleys together they shall be from the same manufacturer 	Line Manager Staff
Pre Use Checks - Skates and Scooters	<ul style="list-style-type: none"> • Planned preventative maintenance regime shall be established • Inspect equipment for damage and check inspection date prior to use • Only trained and competent operators shall use rail skates 	Line Manager All Staff
Runaway - Trolley	<ul style="list-style-type: none"> • Brake handle shall be manually operated at all times • Do not secure the brake in the off position or place load on brake handle • Braking distances will increase in wet or icy conditions so plan for this. • Do not ride on, or tow by mechanical means the trolleys • Speed shall be kept to walking pace • Do not use on gradients in excess of 1 in 50 unless specially authorised by local instructions 	Team Leader / All Staff
Derailment - Trolley	<ul style="list-style-type: none"> • Trolleys shall be evenly loaded in accordance with SWL rating • Do not connect more than three link trolleys together • Load shall be secure prior to movement 	Team Leader / Staff
Rail Skate	<ul style="list-style-type: none"> • Do not use rail skates in tandem to transport long loads • Use Handles provided to propel Skate • Loads shall not exceed manufacturers recommendations • Loads shall be secure before movement of skate 	
Scooter	<ul style="list-style-type: none"> • Use Handles provided to propel Scooter • Loads shall not exceed rating of scooter • Loads shall be secure before movement of scooter 	

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Key Risks	Controls	Implemented By
Manual Handling	<ul style="list-style-type: none"> Two men shall be required to lift trolleys to track Lifting shall be co-ordinated by one person Always use the appropriate handle to push the Trolley/Skate/Scooter, for trolleys do not use the brake lever Do not overload the Trolley/Skate/Scooter Gloves shall be worn when loading/unloading See Risk Control Sheet NR/L3/MTC/RCS0216/GH01 – Manual Handling 	Team Leader / Staff
Damage to trolley frame	<ul style="list-style-type: none"> When using ratchet straps to secure Trolleys/Skates/Scooters to vehicles, do not use excessive force as this may distort the frame 	Staff
Trapped clothing/Limbs	<ul style="list-style-type: none"> All loose clothing and limbs shall be kept clear when loading/unloading Gloves shall be worn during loading/unloading 	Staff
Electrocution	<ul style="list-style-type: none"> In 3rd rail areas use skate on rail furthest from the conductor rail On/Off track on rail furthest from conductor rail in 3rd rail areas Equipment/materials shall be carried horizontally under OLE See Risk Control sheets NR/L3/MTC/RCS0216/GA20 Working Adjacent to DC Electrified Rails Risk Level 1- 5 See Risk Control Sheet NR/L3/MTC/RCS0216/GA21 - Working Near Electrical Overhead Line Equipment 	Team Leader / All Staff
Slips, Trips & Falls	<ul style="list-style-type: none"> Use the Handles provided Do not exceed walking pace, noting underfoot and rail head conditions. Do not walk on sleepers or the rail head. See Risk Control Sheet NR/L3/MTC/RCS0216/GH02 – Underfoot Conditions 	All Staff / COSS / Team Leader
Operator Fatigue	<ul style="list-style-type: none"> If rail/sleepers are required to be transported over long distances use other means (RRV, iron man, trolley) 	Team Leader

PPE Required by NR / Maintenance Policy

				<p>If safety glasses introduce a risk (ie weather conditions) then the Team Leader shall assess the risk. The outcome of the assessment shall be recorded on the SSOWPS pack and safety glasses may be removed.</p> <p>This does not supersede the requirements for eye protection detailed on relevant Task Risk Control Sheets.</p>
Wear Head Protection	Wear Foot Protection	Wear Hi Visibility Clothing	Wear Safety glasses to BS EN166.F	

Additional PPE Required by Task Risk Control Sheet

						
Wear Hand Protection						