

Task Risk Control Sheet



Fix/Fit/Remove Gauge Stops/End Restraint Plates & Tie/Stretcher Bars

RCS No: NR/L3/MTC/RCS0216/TK20
Issue: 3



- Work on or near the line (1)
- Electrocution (3)
- Manual Handling (11)
- Slips, Trips and Falls (12)
- Noise (15)
- Use of Jacks

Personnel Involved

E&P	
S&T	
Track	✓
Off Track	
Property	

Tools / Equipment

Hand Tools*
Sighting Boards*

Track Jack*

Track Gauge*

Plant

Kango/Hilti/Cobra*
Bogie*

Generator*
Drill/auger*

Lights*
Impact Wrench*

(* if required)

SECTION A - All Risks

Task Risks	Controls	Implemented By
Key Generic Track Risks	<ul style="list-style-type: none"> • See Generic Track Risks No's 1, 3, 11, 12 & 15 	Team Leader
Working with Ballast	<ul style="list-style-type: none"> • See Task Risk Control Sheet NR/L3/MTC/RCS0216/TK10 – Working with Ballast - Regulate, Glue Shoulder Clean, Contaminate & Wet Beds 	Team Leader
Electrocution	<ul style="list-style-type: none"> • See Task Risk Control sheets NR/L3/MTC/RCS0216/GA20 Working Adjacent to DC Electrified Rails Risk Level 1- 5 • See Task Risk Control Sheet NR/L3/MTC/RCS0216/GA21 - Working Near Electrical Overhead Line Equipment 	Team Leader / COSS / Staff
Use of Plant	<ul style="list-style-type: none"> • See relevant Risk Control Sheet NR/L3/MTC/RCS0216/SP** for small plant 	Team Leader / Staff
Use of Jacks	<ul style="list-style-type: none"> • Inspect equipment prior to use for good condition • Operate jack by standing parallel to jack position • A firm base for the jack shall be established • Jack shall have been maintained and be within its service date • Body parts / clothing and team members shall be clear when lowering • Do not stand on jacked rail • See Task Risk Control Sheet NR/L3/MTC/RCS0216/SP11 – Use of Jacks 	Team Leader / Staff
Noise	<ul style="list-style-type: none"> • When working Red Zone the controls for noise in Generic Track Risks shall be applied 	Line Manager / Team Leader / Operator
Entrapment	<ul style="list-style-type: none"> • See Task Risk Control sheets NR/L3/MTC/RCS0216/TK50 – Working with Switches and Crossings 	Team Leader / Staff

Task Risk Control Sheet



SECTION B - Renew S&C Stretcher Bar

Task Risks	Controls	Implemented By
Renew S&C Stretcher Bar	<ul style="list-style-type: none"> Work Only Permitted in Green Zone 	Planner/ Line Manager/ Team Leader

PPE Required by NR / Maintenance Policy

 Wear Head Protection	 Wear Foot Protection	 Wear Hi Visibility Clothing	 Wear Safety glasses to BS EN166.F	<p>Team leaders have the delegated authority to decide that safety glasses need not be worn based on on-site risk. This decision shall be recorded on the SSOWPS pack.</p> <p>This does not supersede the requirements for eye protection detailed on relevant Task Risk Control Sheets.</p>
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Additional PPE Required by Task Risk Control Sheet

 Wear Hearing Protection	 Wear Hand Protection	 Wear Dust Mask				
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