Task Risk Control Sheet

Pull Through and Plug Timber

RCS No: NR/L3/MTC/RCS0216/TK43
Issue: 2

Key Risks !

- **Struck by Train (1)**
- **Electrocution (3)**
- **Manual Handling (11)**
- **Slips, Trips and Falls (12)**
- **Use of Jacks**

Personnel Involved		
	E&P	
	S&T	
	Track	✓
	Off Track	
	Property	

Tools / Equipment	Hand Tools	Wooden Plugs	Rail Jack	Bars
	Timber Nips		Spikes	Drill/Auger
Plant				

PERMITTED RED ZONE TO A MAXIMUM OF 60MPH LINE SPEED

Task Risks	Controls	Implemented By
Key Generic Track Risks	• See Generic Track Risks NR/L3/MTC/RCS0216/TK001,3,11 and 12	
Drilling	• Eye/Hand protection shall be worn for protection from Burrs/swarf	Team Leader /Staff
Use of Hand Tools	• Timber nips shall be checked for damage/sharpness • When using spikes a buried services check shall be undertaken • See Risk Control Sheet NR/L3/MTC/RCS0216/GA09 – Ground Penetration and Excavation • Risk Control Sheet NR/L3/MTC/RCS0216/SP05 – Use of Cable Avoidance Tool	Team Leader /Staff
Electrocution	• See Risk Control sheets NR/L3/MTC/RCS0216/GA20 Working Adjacent to DC Electrified Rails Risk Level 1- 5, • See Task Risk Control Sheet NR/L3/MTC/RCS0216/GA21 - Working Near Electrical Overhead Line Equipment • When required, check that continuity bonds are fitted when working on the traction return rail in AC areas	Team Leader / Staff
Use of Jacks	• Equipment shall be Inspected prior to use for good condition • Operate jack by adopting the correct stance to the jacks position • Jack shall have a firm base • Check jack has been maintained and is within service date • Body parts / clothing and team members shall be clear when lowering • Do not stand on jacked rail • See Risk Control Sheet NR/L3/MTC/RCS0216/SP11 – Use of Jacks	Team Leader / Staff
Unplanned rail move	• Be alert to risk of rail moving or tipping unexpectedly when using bars on rails ie: tight curve, loose fittings • Adopt correct stance when using bars and pull/push evenly, do not use sudden, jerky movements.	Team Leader / Staff

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PPE Required by NR / Maintenance Policy				
Wear Head Protection	Wear Foot Protection	Wear Hi Visibility Clothing	Wear Safety glasses to BS EN166.F	**Team leaders have the delegated authority to decide that safety glasses need not be worn based on on-site risk. This decision shall be recorded on the SSOWPS pack.** **This does not supersede the requirements for eye protection detailed on relevant Task Risk Control Sheets.**

Additional PPE Required by Task Risk Control Sheet						
Wear Hand Protection						

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