

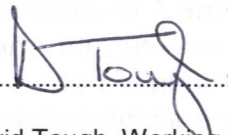
Ref:	NR/L3/MTC/SE0195
Issue:	3
Date:	06 March 2010
Compliance date:	05 June 2010

Level 3

Hand arm vibration management

Endorsement and Authorisation

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Issue record

Issue	Date	Comments
1	01/06/2008	First Issue
2	01/12/08	Added references to SMF SE0311 Small Plant HAVS and Noise Data Sheet
3	06/03/2010	Reissued in light of the changes made to NR/L2/OHS/00113

Compliance

This Network Rail standard is mandatory and shall be complied with by Network Rail and its contractors if applicable from 05 June 2010.

When this standard is implemented, it is permissible for all projects that have formally completed GRIP Stage 4 to continue to comply with the Issue of any relevant Network Rail Standards current when GRIP Stage 4 was reached and not to comply with requirements contained herein, unless the designated Standard Owner has stipulated otherwise in the accompanying Briefing Note.

Reference documentation

NR/L2/OHS/00113	Health Screening and Surveillance for Hand Arm Vibration
NR/SP/OHS/00114	Specialist Risk Assessment – Hand Arm Vibration
HS1	Health surveillance electronic form
NR/L2/OHS/00113/Form 1	Hand Arm Vibration Initial Questionnaire
NR/L2/OHS/00113/Form 2	Hand Arm Vibration Annual Questionnaire
SMF/MG0008	Briefing Record and Feedback Form
SMF/SE0311	Small Plant HAVS and Noise Data Sheet
NR/365/OHS/001	HAV “Advice to Employees” booklet

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1 Purpose

This standard details the process by which Infrastructure Maintenance:

- Assesses the risks to Infrastructure Maintenance function employees performing tasks with hand held tools and machines which have the potential to cause Hand Arm Vibration Syndrome (HAVS) or carpal tunnel syndrome;
- Identifies Infrastructure Maintenance employees affected into the prescribed level of necessary health surveillance;
- Complies with the requirements described in NR/L2/OHS/00113 applied when carrying out health surveillance with Infrastructure Maintenance.

The arrangements in place comply with the requirements of the Control of Vibration at Work Regulations 2005 ("the Regulations"). Implementation of the standard will enable Network Rail to comply with its legal obligations under the Regulations and meet its duty of care to those with an existing condition.

2 Scope

This standard applies to all staff that carry out maintenance activities which may be affected by the identified hand held tools and machines to the prescribed level laid down in NR/L2/OHS/00113.

This procedure also applies to all Infrastructure Maintenance and Human Resources Managers including the respective Workforce Health Safety and Environment Advisors who have a responsibility to advise employees of the risks of work they are asked to perform.

SMP applies to:	Infrastructure Maintenance	Operational Property	Overhead Line Condition Renewals	Contractors
	✓	✓	✓	