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1 Purpose

To provide arrangements to meet the fitness requirements for OTM Driving outside possessions.

2 Scope

This module defines the requirements for Network Rail OTM Driver medical standards.

This module applies to OTM Drivers and those people who are involved in managing their medical fitness.

3 Definition

Term	Explanation
On-track machine	Any rail-mounted machine meeting the requirements of Railway Group Standard GM/RT2400 and permitted by GO/RT3000 to be driven outside the limits of a Possession

4 Roles and responsibilities

4.1 Occupational Health Provider

The Occupational Health Provider (OHP) shall comply with the requirements of this procedure.

4.2 Operations Performance Manager

The Operations Performance Manager shall:

a) confirm OHP is a registered organisation with registered persons carrying out medical examinations;

b) confirm OHP meets service level agreement for Network Rail operation; and

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c) arrange an audit against the requirements of this procedure on an annual basis.

5 Operations Team Leaders

The Operations Team Leaders shall:

a) advise on any alterations to visual prescription or type of visual correction used by OTM drivers;

b) confirm all safety critical staff who wear corrective spectacles and sunglasses comply with the requirements of this procedure;

c) produce and maintain a list, provided as NR/L3/NSC/313/SP-1.02/AA (appendix A) ;

d) brief any person who is intending to undergo laser eye surgery on the requirements and implications including ineligibility to perform their duties for a minimum of three months post operation;

e) liaise with Network Rail's medical practitioner for a detailed medical brief, where necessary;

f) request a hearing test (performed by the qualified Audiologist) post hearing aid fitment and acclimatisation period; and

g) perform a follow up interview at specified intervals post hearing aid fitment.

6 Procedure

6.1 Occupational Health Provider (OHP)

Medical examinations shall be carried out by or under the supervision of a registered medical practitioner recognised by ORR.

NOTE The ORR's published register of recognised doctors is available on the ORR website.

Medicals shall be carried out:

a) every three years until OTM Drivers are 55; and

b) every year after that.

6.2 Medical standards

Medical examinations shall meet the minimum standard as laid down in GO/RT 3451 following the guidelines as laid down within GO/RC 3651.

6.3 Visual correction

6.3.1 General

Employees who fall within the scope of this procedure shall advise their Operations Team Leader of any:

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a) alterations to their visual prescription or type of visual correction used (contact lenses/varifocal glasses); and

b) intent that they have to undergo laser eye surgery.

This includes managers who perform those duties to maintain their competence.

Any person who is required to perform OTM driving duties shall meet the minimum standard as laid down in GO/RT 3451 following the guide lines as laid down within GO/RC 3651.

Correction types permitted are:

- Single vision – distance
- Single vision – near (reading)
- Bifocal
- Plano-reading bifocal
- Progressive – Varifocal
- Sun glasses
- Prescription sunglasses
- Contact lenses
- Laser eye surgery

Vision shall be assessed:

a) initially on employment; and

b) at each subsequent periodic medical examination.

Vision assessments shall be performed by an Occupational Physician (OP) with experience of occupational medicine and knowledge of the hazards of safety critical duties and of the environment in which they are performed.

Vision may be additionally assessed post incident for investigative elimination purposes and also at a greater frequency than periodic assessments.

The assessment of colour vision shall be performed using the Ishihara Plates Test.

Coloured spectacles or contact lenses shall not be worn:

a) as a means to pass a colour vision test; or

b) to perform tasks which require normal colour vision.

It is the responsibility of each employee to advise his or her Operations Team Leader of any alteration to his or her visual prescription.

Following a change to prescription or lens type the employee shall be referred to the OP for an eye test prior to being allowed to undertake safety critical duties.

Each Operations Team Leader shall retain a list of staff under their responsibility who have corrective measures in place using form NR/L3/NSC/313/SP-1.02/AA.

Update the list every 6 months as a minimum.

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